

FRIDAY 15TH JANUARY 2016 THE MILL MESSENGER

Mums, Dads and Carers,

In our second week of 2016, we have been looking at how we can change our thinking to look at learning in a different light. Growth Mindset is a term we use but what is it? There are two kinds of mindset – Fixed mindset and Growth mindset.

Fixed Mindset: This is the belief that our learning power is fixed and that any subject that is difficult or requires much effort simply means that we are not as clever as our friends. **Growth Mindset:** This is the belief that learning power can be grown and that subjects that are difficult or require extra effort mean that we are increasing our intelligence.

A lot of how our children pick up on a growth mindset will be from observing and listening to you as their parent or us as their teacher. We would like to help children recognise fixed mindset thoughts and how to replace them with growth mindset thoughts. Some examples of this are below:

Don't Say	Do Say		
I'm so stupid.	What am I missing?		
I'm awesome at this.	I seem to be on the right track.		
I'm not good at math (or any other subject).	I'm going to train my brain in math (or other subject).		
This is too hard.	This is going to take some time and effort.		
I'm jealous - she's so smart!	I'm going to figure out how she is doing it.		
I give up!	I'll use some of the strategies I've learned.		
I made a mistake.	Mistakes help me improve.		
It's good enough.	Is this really my best work?		

<u>Praise the Process</u> – We tend to think that praising a child's intelligence builds confidence and motivation to learn. While this type of praise may give the student a brief boost in confidence, this kind of praise leads to a fixed mindset – one that is more concerned with looking smart and keeping an adult's admiration than on actually working hard to learn. To build a growth mindset, we should focus on praising the 'process' or personal effort and any effective strategies used. *Research* has demonstrated how the simple act of praising effort, or the process the student took to learn, rather than ability, can have a dramatic effect on cultivating a growth mindset.

Here are some ideas to use when talking about learning at home:

- I see that you have been trying so hard at ...
- You are becoming more confident at
- Good job taking on such a hard taskthat must make you feel confident.
- I like the way that you
- You must have tried really hard at this.
- You remembered to use the procedure for
- What a brilliant way to approach the task.
- I am watching the way you're approaching this and I think your effort is outstanding.
- The steps you took must have really helped you...

Have a go at using a different approach to praise at home and reward efforts.

<u>Attendance</u> – thank you to all for your efforts with improving the attendance figures across the school. As an incentive for children, we have a bike in the Reception that we will present to a child who has given their best effort in attending school and starting the day on time. Watch this space for further details.

Don't forget Inset Day on Monday 18th January 2016, see you all Tuesday!

Kind regards,

Mr Matt Lecuyer

Headteacher (head@themill-tkat.org)

Stars of the Week:

Congratulations to:

Haddy, Nathan, Reece, Samuel, Tommy, Renae, Regan, Holly, Leo, Katelyn, Miles, Riley, Riley, Isabelle, Tahmina

House Cup Winners:

Congratulations to Falcon house for being this week's champions with a score of 41!

Attendance Cup Winners

With an amazing 99.13% attendance, Riley class are this week's winners!

EggCellent Award!

Thank you Miss Danielle Stephenson, you have tried really hard and your efforts are noted! You have used a variety of strategies to ensure the learning of children in Year 3 is varied and challenging. You have been a true team player and also led Year 3 when necessary. Thank you, you're a role model for us all!





INSET DAYS

January 18th 2016 February 22nd 2016 May 27th 2016

Half Term Monday 15th February till Friday 19th February inclusive

Open Wednesdays are mornings till the end of term.

"I haven't failed, I've just found 10,000 ways that won't work." – Thomas

