

Friday, 13th December 2019

# The Mill \*\* Messenger



National Support School designated by



National College for Teaching & Leadership



Dear Mums, Dads and Carers,

Please have a read through our latest news and all the exciting things happening at the Mill.

### Christmas Lunch & Christmas Jumper Day

The Mill had a very Christmassy vibe today with all the great festive jumpers, the PTA Santa Breakfast and our Christmas lunch. All children attending the lunch received a cracker and as a special treat for dessert a festive cupcake. We played some great Christmas classics along the way, I am sure we will all be going home humming Christmas songs today!



### Christmas Performances

A huge thank you to all parents who could make it to the Christmas Performances this week, the children were very proud to share their amazing singing skills with you and we hope you enjoyed having a little insight on our assembly songs too!

### Parents Evenings

We have now scheduled our upcoming Parents Evenings for the Spring Term. These will be on:

Monday 24th February 2020 from 4.00 to 7.00 pm Tuesday 25th February 2020 from 3.30 to 5.30 pm

We will use our online booking system again and you will be sent a link to reserve your slot closer to the time. We look forward to sharing your child's learning journey with you and hope to see as many parents as possible.

### 12 Social Media Safety Tips of Christmas - #WakeUpWednesday

Please have a look on the 2<sup>nd</sup> page of this newsletter, we wanted to share this great find with you and your children.

### Homework Hero

Our Homework Hero this week is Meheransh from Year 4 Frida Kahlo class. He created flowers from wool by making pom poms and then used balloons to shape the pots. We love this beautiful work, well done!



### **Medical Conditions**

If your child suffers from any medical conditions unknown to the school, please inform the school office so we can ensure a care plan is in place. If your child suffers with asthma, please ensure two inhalers and two spacers are provided to the school. Thank you!

### Kind Regards

Sophie Gosden Headteacher

### Mathletics & Times Table Rock Stars

Please remind your children to practice their maths on our apps.

Login details for your child can be found on the inside of their reading journal.

#### Absence Reminder

Please leave a message on our absence line with your child's name, class and reason for their absence each day your child is not attending school.

Emails are not monitored for this purpose.

### **Attendance Cup Winners**

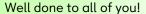
Congratulations to our winners, Hockney class in Year 1 had a fantastic 99.2% attendance this week. Well done!



### Forever Proud

Every week a child from each class receives a Forever Proud badge, certificate and a photo of themselves to take home.

Congratulations this week to Nicholas C, Ethan H, Kayleigh K, Ayub K, Mehek S, Nathan W, Leela W, Harvey D, Frankie G, Reece C, Luka U, Salma C, Marcy-Rose W, Tyler W, Dev P, Holly M, Qaylah S and Sophia R.





### **Diary Dates**

### School Holidays

Monday 23<sup>rd</sup> December 2019 to Friday 3<sup>rd</sup> January 2020, back on Monday 6<sup>th</sup> January.

### **Inset Day - CHANGED**

Friday 28<sup>th</sup> February 2020 (Please note: this replaces the Inset on 6<sup>th</sup> January 2020)

Parents Evening (Spring Term) 24th Feb 2020 - 4.00-7.00 pm 25th Feb 2020 - 3.30-5.30 pm

Open Mornings KS1 14th Jan, KS2 21st Jan 2020



The Mill Primary Academy Ifield Drive, Ifield, Crawley, West Sussex, RH11 OEL

T: 01293 571893 E: office@themill-tkat.org



# THE NEW PROPERTY WHEN THE WARM THE WARM THE WARM THE WAR THE WARM TO SHARE THE WARM THAT WARM THE WARM FOR CHILDREN WITH NEW DEVICES

With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive

and that your social media use overall is responsible, healthy and most of all enjoyable.

# DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS



Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.

# **NEVER SHARE YOUR PERSONAL INFORMATION** WITH PEOPLE YOU DON'T KNOW

Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.

# DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE

This could really upset them and could get you into a lot of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.

## **NEVER SEND NAKED PICTURES** OF YOURSELF TO OTHERS

This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.

### CREATE A POSITIVE ONLINE REPUTATION

Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.

### LIMIT YOUR SCREEN TIME





Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.

# **BLOCK ONLINE BULLIES**

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.

### REPORT INAPPROPRIATE CONTENT

If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.

# ONLY USE APPS WHICH YOU ARE OLD **ENOUGH TO USE**



Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.

# ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD

This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.

## ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA



When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.

### 12 ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.

